



ATHLETICS FEDERATION OF INDIA

Standard Operating Procedure (SOP) for organizing State and National Athletics Competitions 2020-2021

OBJECTIVE

The Pandemic Covid-19 has disrupted traditional and routine athletics activities globally; however, AFI endeavors that Indian Athletes compete in Athletics Competitions in safe and conducive atmosphere at District/State/National competitions.

In this endeavor AFI has prepared the Standard Operating Procedure (SOP) to be followed by all stake holders and ensure that Athletics Competitions are held with all precautions and safety norms.

This SOP is subject to changes as and when required on the basis of Guidelines issued by the authorities.

HEALTH & HYGIENE GUIDELINES

- ✓ The Athletes, Organizational staff, Technical Officials, Volunteers, concerned AFI approved Vendors etc. will only be allowed to enter the venue of the Competition (Outermost Periphery gate of the Stadium). AFI will not allow entry without the required documents prescribed in the SOP.
- ✓ Athletes to report at the venue 3 hours before their event time, displayed on AFI Website.
www.indianathletics.in
- ✓ Athletes are required to carry a copy of their **Covid-19 RT – PCR** negative test report, conducted 3 days (72 hours) prior to their date of event, and on-line submission on AFI website, at least 24 hours prior to their event. If need be, the athlete may be asked to undergo a fresh RT – PCR test at the sole discretion of AFI Medical team, before they are allowed to participate. However, the same RT-PCR report may be considered for the other event scheduled on the later date, during the same competition. The cost of the test will be borne by the concerned Athlete.

Medical Guidelines

These guidelines are subject to changes as and when Pandemic Covid-19 situation changes.

- Athlete's approach to compete should be "**Get in, Compete and Exit**" the venue, to minimize unnecessary contact with others.
- Athletes will enter the venue one by one and will stand in the earmarked circle and maintain standard social distancing. For other entrants, a separate entry will be earmarked and they will also maintain same social distancing and all safety norms in place at that point of time.
- Body temperature of one & all will be checked by a non-contact thermometer (wrist/forehead) before being allowed to enter the venue.

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- All the participants including Athletes & Officials will proceed towards the warm up area through the Sanitizer Tunnel. Any athlete or official with documented co-morbidity (e.g. diabetes, hypertension, lung disease etc.) may be asked to report separately before being allowed inside the venue/warm up area, at the sole discretion of AFI Medical Team.
- All entrants to the venue to hand over their RT – PCR report at the entry point of warm up area/will be checked in AFI system as the case may be.
- Once entered the warm up area, the athlete will proceed to call room when announced. (No re-entry will be allowed in the warm up area).
- The Sanitizer Tunnel to be created at the entry point of the venue and every individual must pass through the channel by doing 360^o rotation.
- An additional Sanitizer tunnel will be placed at the entry to the warm up area.
- After entering in the warm up Bubble Area, one should not be allowed to leave until his / her participation/ assignment is over. After going out from this area, one should not be allowed to come back again in the same Bubble Area.
- This applies to all officials posted in the warm up area (except under compelling circumstances and approved by the warm up area In-charge)
- All used tissues and other use and throw items to be carried along with the personal belongings by all.
- Athlete and other officials must sanitize their hands from time to time and should avoid touching their nose, mouth and eyes.
- In the venue, avoid face to face meetings where possible and instead use mobile phone, social media, or online conferencing and maintain social distancing of two meters.
- Before entry to the Call Room, hands must be sanitized and should be supervised by designated staff.
- Inside the Call Room, Athletes and other staff members are advised to maintain social distancing.
- Athletes may use a **Cotton Mask** and use their own personal sanitizer.
- Before line up, athletes will be required to remove their face mask and keep it in their bag along with other personal belongings.
- For throws group, athletes to use their own powder. All implements will be sanitized prior to and during the event, by the designated Official.
- After their event is over, there will be no hugs, handshakes, celebrations, high fives , fist/elbow bump and athlete will exit the FOP there after. They can check the results on AFI website.
- All officials including organizational staff, AFI approved Vendors, AFI Guests etc. must maintain social distancing of two meters and will use “Cloth Face Mask & Face Shield” and keep personal hand sanitiser all the time during the competition.
- One self-assessment form (available as annexure - I) must be submitted on-line by concerned and carry a copy of the same. All officials including vendors to submit this form to AFI by email at least 24 hours prior to the competition.
- In age restricted competitions, a declaration (consent form as annexure-II) must be filled and signed by the legal guardian of athlete below 18 years of age and hard copy of the same needs to be carried.

This form is required to be submitted along with athlete's online entry.

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MEDICAL QUESTAIONNAIRE (annexure-III)

{To be submitted by the athlete along with the online entry}

Do you currently have/had any of the following symptoms within last 14 days from the date of this competition (Please tick Yes/No)

- | | | | |
|-----------------------------------|-----|---|----|
| • Fever: | Yes | / | No |
| • Cough: | Yes | / | No |
| • Difficulty in breathing: | Yes | / | No |
| • Running Nose: | Yes | / | No |
| • Sore Throat: | Yes | / | No |
| • Fatigue: | Yes | / | No |
| • Redness of eyes: | Yes | / | No |
| • Any skin lesions: | Yes | / | No |

If any of the answer is yes, the athlete will not be allowed to participate until he has undergone a complete check up by a medical doctor at his place of residence which should be documented on the doctor's letter head and uploaded along with the online entry in AFI system.

All officials to submit this form to organizing committee official designated for this assignment.

TECHNICAL GUIDELINES

- ✓ Number of competition days may be increased and limited number of events will be held at a time in Field of Play (FOP).
- ✓ After participation, if an athlete wins the medal, shall collect the same from the Call Room which will be the final exit for them from the Competition Venue.
- ✓ There will be Only One Call Room-1 that too shall be closer to the FOP. No Technical Official or Volunteers shall be deployed for escorting the Athletes in the FOP. There will be no Call Room – 2.
- ✓ However, Call Room - 1 will have more stations.
- ✓ The officials will be deployed for sanitising each throwing implement after each attempt.
- ✓ The Circle/Runway/Take Off Board will not be sanitised by any sanitising solution etc.
- ✓ Relay Events will not be organised.
- ✓ The critical areas of sanitisation will be manned and monitored by (Local) Technical Officials who are fully aware of the SOP.
- ✓ The minimum possible officials should be deployed in the FOP.
- ✓ No Boarding & Lodging (Accommodation) will be provided to Athlete & Coaches etc.
- ✓ No Transport facility will be provided to any of the participant (Athlete & Coaches).
- ✓ There will be no Official Medal Ceremony. Medals will be handed over in Call Room at the exit point.
- ✓ There will be no Team Championships.
- ✓ In order to protect the health and safety of our athletes/officials/organisers the events will be segregated by increasing the duration of the Competitions. Even multiple venues, wherever possible can be a good effort to maintain all Safety & Health measures.
- ✓ Different venues may be used for different type of competitions.

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GENERAL GUIDELINES (Quick flow chart)

- Submission of Entry – On-Line, will be in accordance with the AFI Rules.
- Submit Certificate of Undertaking by Parent/Guardian /self as per requirements. (Annexure -1)
- Get the Receipt of acceptance of entry by AFI.
- Print a copy of AFI acceptance, which shall be submitted at the ENTRY into Stadium.
- Submit **COVID 19** Negative Test Certificate On-line on the AFI Link before proceeding to participate in any Competition.
- Arrange Own Accommodation during the Competition.
- No extra person other than the athletes will be allowed.
- Report at the Warm up area Entry Point three Hours before the scheduled Time of Competition with the above documents without which entry shall not be permitted in what-so-ever circumstances may be.
- Complete a questionnaire at entry gate and submit it to the official concerned.
- After getting the permission, enter in to the Campus.
- Get the Body Temperature done at the 'Entry Point' and complete the formalities if advised by officials posted thereat at the Call Room.
- Carry your Own Face Mask / Face Shield / Hand Sanitizer / other substance needed for competition, specially, for throws events.
- Report at the designated Call Room and receive the BIB Number.
- Keep your belongings at a suitable distance from the fellow athlete's belonging.
- Keep your other belongings like face shield/Face mask or any non usable items carried by you in your own Hand Bag.
- **DO REMEMBER - YOU MUST KEEP/CARRY YOUR BELONGINGS UNDER YOUR SUPERVISION DURING THE COMPETITION.**
- After you finish warm-up, on the advice of designated Officials, walk through the designated Gate / Sanitizer Tunnel for going to Competition area.
- Immediately go out of the Stadium under the supervision of designated Officials.
- Report to the concerned officials.
- Complete your event.
- Carry Original COVID 19 Negative Certificate with a Copy in your possession .
- Medals (If won by you) will be handed over in Call Room at the exit point.
- Return Back to your Place of Stay.
- If events completed, return back to home by following the entire Government Protocols.

GENERAL

- **For State Athletics Associations:** The duration of competitions may be increased for longer duration and at different venues to minimise the number of participants. This will also help in maintaining physical distancing.
- The State association must follow SOP issued by AFI and State Government guidelines.

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Annexure 'II'

Consent Form

I confirm that I _____ am the parent/legal guardian of
_____.

I hereby consent to the above child participating in the State and National Level Athletics Competitions conducted by _____. I have provided contact details below and undertake to inform the Organizers of any changes to this information. I confirm that all details are correct and I am able to give parental consent for my child to participate in all athletics activities in the competition.

I confirm that I have read the terms and conditions of the Competition and undertake to abide by the obligations which it imposes on me as the parent/legal guardian of the above-named child.

I acknowledge that the Organiser is not responsible for providing adult supervision for my child except as set out in their terms and conditions.

Name: _____

Signature _____

Contact Details

Name of Child _____

Address _____

Parent's Mobile Phone No. _____

Emergency Contact No. (1) _____

Emergency Contact No. (2) _____

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FORM '1'

In order to ensure that proposed activity is planned, agreed and safe for all, this form must be completed by the parent/guardian of the family.

Please note that your child/children will not be able to participate in any ATHLETICS activity unless this form is fully completed and returned to the Committee.

1. To be completed by PARENT/GUARDIAN with parental responsibility for the young person(s), and with full legal rights over the child/children

Name of Child _____

Age _____

DOB _____ (DD)/ _____ (MM)/ _____ (YY)

Are there any significant health issues with your children that we need to be aware about.

If yes, please give brief details:

2. COVID-19 Precautions

To prevent the spread of COVID-19 precautionary measures have been taken by the Committee wherein it is required for the Parent/Guardian of the Child to ensure the following:

a) Did your child travel prior to the Competition? YES/NO

If yes, please provide details

b) Has your child undergone RT-PCR (Reverse transcription polymerase chain reaction) test for COVID-19 prior to the Competition?

YES/NO

c) Is the RT-PCR report proven negative 72 hours prior to the Competition?

YES/NO

d) Do you give consent for your child to undergo Temperature recording, sanitization process during the in-competition tests?

YES/NO

e) Does your child have any symptoms of COVID-19? (eg. Fever, cold/cough, difficulty in breathing, sore throat, fatigue etc.)

YES/NO

If yes, please provide details _____

4. DECLARATION: Person with Parental Responsibility (Of Under 18's)

- I have read and fully understand that I am consenting for my child to attend a number of activities with the _____ Competition as well as being transported for the same.
- I am satisfied that all reasonable care will be taken for the safety of my children and the fellow athletes and that adequate staffing and safety measures have been arranged. I am aware that as a parent/guardian when attending the in-competition Activities I will be responsible for the safety and wellbeing of my child.
- I consider my child to be medically fit to participate in the activities outlines and agree to inform the organisers should this situation change between now and the competition date.
- I will inform the organisers of any changes in my child's medical circumstances that may affect their involvement in activities
- I have discussed with my child the acceptable standards of behaviour expected at events and activities, and they have agreed to abide by the rules and follow instructions given by the organisers.
- I agree to my child receiving medication and any emergency dental, medical or surgical treatment, including anaesthetic, as considered necessary in the event of an emergency by medical staff.
- I agree that in all circumstances, my child shall maintain social distancing norms and carry all necessary medical safety gears such as a face shield, face mask and a personal hand sanitiser.

Signed:..... (Parent/Guardian)

Name :.....

Date:.....

Emergency Contact Name.....

Emergency Contact Telephone.....

Photographic & Video Consent

I consent/do not consent to the below mentioned child being included in any photographic or video material, in any publications/websites/social network applications which may be used for the purpose of documenting and highlighting their involvement in the competition.

Name: _____

Age: _____

Signature: _____

Date: _____

Print Name: _____

State Relationship to child: _____

Phone No. _____

