

80th RAILWAY ATHLETICS CHAMPIONSHIPS-2014

Org By:- SOUTHERN RAILWAY SPORTS ASSOCIATION * 01st TO 03rd SEP 2014 *

J.L.NEHRU STADIUM, CHENNAI

~~*FINAL RESULTS *~*~*

Event # 1 MENS 100m

TIME:-16:45 Hrs

01/09/2014

N.R.:ABDUL NAJEEB QURESHI NEW DELHI 10.30 2010

%I.R.:R.GNANASEKHARAN R. SOUTHERN RAILWAY 10.20 1978

FINAL

1	MANIKANTHA RAJ, .	SCR	+0.0m/s	10.70
2	MANIKANDA ARUMUGAM, .	SR	+0.0m/s	10.75
3	SATHYASEELAN.A, .	ICF	+0.0m/s	10.88
4	ARUNJITH, .	SR	+0.0m/s	10.92
5	GANESH SATPUTE, .	CR	+0.0m/s	10.95
6	SUKHENDU MONDAL, .	SER	+0.0m/s	11.00
7	DEBASHIS DAS, .	WR	+0.0m/s	11.11
8	SURYANARAYANA.B, .	ECOR	+0.0m/s	11.28

HEAT-1

1	ARUNJITH, .	SR	+0.0m/s	10.96
2	GANESH SATPUTE, .	CR	+0.0m/s	11.00
3	AJAY NAIK, .	SER	+0.0m/s	11.39
4	HITESH DESHWAL, .	NWR	+0.0m/s	11.66
5	BHAGAT.P, .	SECR	+0.0m/s	12.35
6	VENKAT RAO, .	SCR	+0.0m/s	12.75
	ANIL KUMAR DOGRA, .	RB		DNF
	SHAILENDER, .	NR		DNS

HEAT-2

1	MANIKANDA ARUMUGAM, .	SR	+0.0m/s	10.73
2	MANIKANTHA RAJ, .	SCR	+0.0m/s	10.80
3	SATHYASEELAN.A, .	ICF	+0.0m/s	10.85
4	DEBASHIS DAS, .	WR	+0.0m/s	11.08
5	PRAVEEN.V, .	SWR	+0.0m/s	11.77
6	DEBOJIT BORDOLOI, .	NFR	+0.0m/s	12.01
7	PRAKASH GAGRAI, .	ECR	+0.0m/s	13.73
	MANISH CHAUDHARY, .	NR		DQ

HEAT-3

1	SUKHENDU MONDAL, .	SER	+0.0m/s	11.03
2	SURYANARAYANA.B, .	ECOR	+0.0m/s	11.10
3	RITESH ANAND, .	CR	+0.0m/s	11.34
4	KRISHAN KUMAR, .	NWR	+0.0m/s	12.10
5	SUKOMAL PAL, .	NER	+0.0m/s	12.17
	ROSITA SAX, .	SWR		DQ
	NAGARAJ.B.G, .	WR		DNF

Event # 2 MENS 200m

TIME:- 13:00 Hrs

N.R.:ANIL KUMAR P. BANGLORE 20.73 17/07/00

%I.R.:ARVIND . SOUTHERN RAILWAY 21.24 2006

FINAL

1	MANIKANDA ARUMUGAM, .	SR	+0.2m/s	21.17 *NMR
2	MANIKANTHA RAJ, .	SCR	+0.2m/s	21.56
3	ARUNJITH, .	SR	+0.2m/s	21.75
4	SATHYASEELAN.A, .	ICF	+0.2m/s	22.11
5	SURYANARAYANA.B, .	ECOR	+0.2m/s	22.41
6	GANESH SATPUTE, .	CR	+0.2m/s	22.42
7	SUKHENDU MONDAL, .	SER	+0.2m/s	22.60
8	HITESH DESHWAL, .	NWR	+0.2m/s	22.65

HEAT-1

1	SATHYASEELAN.A, .	ICF	+0.0m/s	22.56
2	SURYANARAYANA.B, .	ECOR	+0.0m/s	22.79
3	RITESH ANAND, .	CR	+0.0m/s	23.19
4	MAHAVIR, .	SER	+0.0m/s	24.22
5	DEEPAK..R, .	SWR	+0.0m/s	24.79
	KRISHAN KUMAR, .	NWR		DQ
	NEERAJ PANWAR, .	NR		DNS

HEAT-2

1	MANIKANTHA RAJ, .	SCR	+0.0m/s	22.22
2	ARUNJITH, .	SR	+0.0m/s	22.37
3	SUKHENDU MONDAL, .	SER	+0.0m/s	22.84
4	HITESH DESHWAL, .	NWR	+0.0m/s	23.09
5	SAHIL WALESKI, .	WR	+0.0m/s	23.71
6	DEBABRATA PAUL, .	NFR	+0.0m/s	25.28
	MANISH CHAUDHARY, .	NR		DNS

HEAT-3					
1	MANIKANDA ARUMUGAM, .		SR	+0.0m/s	22.10
2	GANESH SATPUTE, .		CR	+0.0m/s	23.04
3	DEBASHIS DAS, .		WR	+0.0m/s	23.15
4	PRADEEP, .		SWR	+0.0m/s	24.99
5	DEBOJIT BORDOLOI, .		NFR	+0.0m/s	25.08
	BHUPINDER SINGH, .		RB		DNS
Event # 3 MENS 400m					
TIME:-18:00 Hrs					
02/09/2014					
# N.R.:K.M. BINU ATHENS 45.48 20/08/04					
% I.R.:MANOJ LAL SOUTHERN RAILWAY 46.90 1999					
FINAL					
1	BIBIN MATHEW, .		SR		47.42
2	VISHAMBER.K, .		SWR		49.44
3	NEERAJ PANWAR, .		NR		50.46
4	PRASHANTH, .		SWR		50.97
5	AVIN THOMAS, .		WR		51.07
6	B.VEERANAN, .		SR		51.54
7	MAHAVIR, .		SER		55.02
8	UTTAM KUAMR, .		SCR		56.85
HEAT-1					
1	PRASHANTH, .		SWR		51.13
2	B.VEERANAN, .		SR		51.74
3	AVIN THOMAS, .		WR		51.80
4	MAHAVIR, .		SER		54.92
	KARAMBIR SINGH, .		RB		DNF
	KARAMJEET SINGH, .		NR		DNS
	VASHISHT KUMAR RAI, .		NCR		DNS
	KANAK DAS, .		NFR		DNS
HEAT-2					
1	BIBIN MATHEW, .		SR		50.24
2	VISHAMBER.K, .		SWR		51.71
3	NEERAJ PANWAR, .		NR		52.73
4	UTTAM KUAMR, .		SCR		56.33
5	DEBABRATA PAUL, .		NFR		57.70
	RAKESH KR YADAV, .		ECR		DNF
	JITHIN PAUL, .		WR		DNF
	RAMOLA.S.D, .		RB		DNS
Event # 4 MENS 800m					
TIME:- 16:00 Hrs					
# N.R.:SRIRAM SINGH MONTREAL 1:45.77 27/07/76					
% I.R.:RAJEEV R. WESTERN RAILWAY 1:49.56 2006					
FINAL					
1	SAJEESH JOSEPH, .		SR		1:51.23
2	VISHAMBER.K, .		SWR		1:52.16
3	LOVEPREET SINGH, .		WR		1:53.69
4	B.VEERANAN, .		SR		1:54.37
5	KARAMJEET SINGH, .		NR		1:54.87
6	GEORGE JOHN, .		SWR		1:55.16
7	SANDEEP KUMAR, .		NWR		1:55.20
8	AJIT KUMAR, .		SER		1:56.45
HEAT-1					
1	SAJEESH JOSEPH, .		SR		2:01.08
2	VISHAMBER.K, .		SWR		2:01.36
3	SANJAY, .		WR		2:01.96
4	VIPUL RANA, .		SER		2:01.97
5	PARAMJEET, .		NER		2:29.62
	KANAK DAS, .		NFR		DNS
HEAT-2					
1	LOVEPREET SINGH, .		WR		1:58.18
2	B.VEERANAN, .		SR		1:58.35
3	AJIT KUMAR, .		SER		1:58.92
4	JASKARAN, .		NR		2:01.68
5	UTTAM KUAMR, .		SCR		2:11.17
	SANJAY MISHRA, .		NER		DNF
HEAT-3					
1	SANDEEP KUMAR, .		NWR		1:57.51
2	KARAMJEET SINGH, .		NR		1:57.63
3	GEORGE JOHN, .		SWR		1:57.93
4	VIKAS LATIYAN, .		ECOR		2:19.36
	FIROZ AHMED, .		NFR		DNF
	RAJENDER KUMAR, .		RB		DNF

Event # 5 MENS 1500m				
TIME:-16:00 Hrs				
02/09/2014				
# N.R.:BAHADUR PRASAD CHENNAI 3:38.00 23/12/95				
%I.R.:B.PRASAD CENTRAL RAILWAY 3:47.10 1992-93				
1	CHANDRAKANT.M, .		CR	3:52.93
2	VISHAL KUMAR, .		NWR	3:53.57
3	KARAMJEET SINGH, .		NR	3:57.02
4	BIRSHA ORAM, .		SECR	3:57.09
5	DEEPENDRA YADAV, .		WR	3:57.79
6	AROJ MONDAL, .		ER	4:08.36
7	VIPUL RANA, .		SER	4:10.71
8	GEORGE JOHN, .		SWR	4:11.74
9	RAHUL, .		SWR	4:13.53
	BINISH SOMAN, .		SR	DNF
	SURENDRA.K, .		CR	DNF
	PARVINDRA SINGH PATE, .		DLW	DNF
	PARAMJEET, .		NER	DNF
	SANDEEP KUMAR, .		NWR	DNF
	SATNAM SINGH, .		RCF	DNF
	LOVEPREET SINGH, .		WR	DNF
	AJIT KUMAR, .		SER	DNF
	FIROZ AHMED, .		NFR	DNS
	VASHISHT KUMAR RAI, .		NCR	DNS
	SAJEESH JOSEPH, .		SR	DNS
	RAJENDER KUMAR, .		RB	DNS
Event # 6 MENS 5000m				
TIME:- 17:15 Hrs				
01/09/2014				
# N.R.:BAHADUR PRASAD BIRMINGHAM 13:29.70 25/06/92				
%I.R.:R.. CENTRAL RAILWAY 14:05.80 13-1-2009				
1	SOJI MATHEW, .		WR	14:54.13
2	SANTOSH KUMAR, .		WR	14:55.15
3	AJAY VEER SINGH, .		NCR	14:56.36
4	SOMPAL POONIA, .		NWR	14:58.81
5	HAPIJUL MONDAL, .		ER	15:19.68
6	PRAVESH, .		SWR	15:24.58
7	DAVENDER, .		NR	15:49.85
8	BIRENDRA SINGH, .		SECR	15:51.17
9	ARVIND KR YADAV, .		SECR	16:00.10
10	DHARAMVEER YADAV, .		NWR	16:12.55
11	SHRI OM, .		CR	16:13.88
12	VIKAS MALIK, .		NER	16:48.56
13	TEJINDER SINGH, .		RCF	17:10.01
	SACHIN PATIL, .		CR	DNF
	GOPAL PATEL, .		NER	DNF
	PARMOD, .		NR	DNF
	SATBIR SINGH, .		RB	DNF
	BASAVARAJ, .		SWR	DNF
	RAMESH MOR, .		RCF	DNF
Event # 7 MENS 10000m				
TIME:-6:00 Hrs				
03/09/2014				
# N.R.:SURENDER SINGH VIGO-SPAIN 28:02.89 2008				
%I.R.:G.SAINI WESTERN RAILWAY 29:40.00 1980-81				
1	SANTOSH KUMAR, .		WR	31:20.23
2	RAJENDRA BIND, .		CR	31:20.89
3	SOJI MATHEW, .		WR	31:35.76
4	AJAY VEER SINGH, .		NCR	31:45.44
5	SOMPAL POONIA, .		NWR	31:52.87
6	PRAVESH, .		SWR	32:41.22
7	GOPAL PATEL, .		NER	33:14.70
8	DAVENDER, .		NR	33:16.14
9	BIRENDRA SINGH, .		SECR	33:17.05
10	SHRI OM, .		CR	33:58.44
11	GUDDU YADAV, .		SECR	34:37.10
12	MANOJ AHLAWAT, .		NWR	35:05.63
13	JAGMOHAN, .		NR	38:45.50
	VIKAS MALIK, .		NER	DNF
	BOSCO.B.L.I, .		SR	DNF
	TEJINDER SINGH, .		RCF	DNS
	BASAVARAJ, .		SWR	DNS
	RAMESH MOR, .		RCF	DNS

Event # 8 MENS 3000m Steeplechase		FINAL		
TIME:- 13:45 Hrs				
03/09/2014				
N.R.:GOPAL SAINI TOKYO 8:30.88 5/6/1981				
I.R.:GOPAL SAINI WESTERN RAILWAY 8:48.80 1980-81				
1	YOGENDRA KUMAR, .	WR		9:03.63
2	DHARA YADAV, .	NWR		9:15.59
3	SACHIN PATIL, .	CR		9:21.55
4	MAHENDRA SINGH, .	WR		9:37.53
5	JIYA LAL BIND, .	NCR		9:39.50
6	BIRSHA ORAM, .	SECR		9:45.65
7	AROJ MONDAL, .	ER		9:49.53
8	HAPIJUL MONDAL, .	ER		10:16.74
9	HARISH.S.G, .	SWR		12:02.56
	PARMOD, .	NR		DNF
	BINISH SOMAN, .	SR		DNF
	RAHUL, .	SWR		DNS
	JAWAHAR PRASAD, .	NER		DNS
Event # 9 MENS 110m Hurdles				
TIME:- 8:00 Hrs				
02/09/2014				
# N.R.:SIDHANTH T. BRUSSELS 13.65 17-6-2012				
% I.R.:RAVI CHANDRAN SOUTHERN RAILWAY 14.00 1994				
1	PINTO MATHEW, .	WR	+0.0m/s	14.43
2	SURESH.A, .	ICF	+0.0m/s	15.44
3	MUTHUSAMY, .	SR	+0.0m/s	15.46
4	SURYAKUMAR, .	SWR	+0.0m/s	17.10
5	CHANDAN YADAV, .	ECR	+0.0m/s	19.00
	JOHNSON SELVAKUMAR, .	ICF		DNS
Event # 10 MENS 400m Hurdles				
TIME:- 11:00 Hrs				
01/09/2014				
# N.R.:JOSEPH G.ABRAHAM OSAKA 49.51 AUG.-2007				
%I.R.:J.ABRAHAM SOUTHERN RAILWAY 50.81 13-1-2009				
1	JITHIN PAUL, .	WR		50.75 *NMR
2	JOSEPH G. ABRAHAM, .	SR		50.95
3	AVIN THOMAS, .	WR		54.30
4	PRASHANTH, .	SWR		55.09
5	BINISH.V.B, .	SR		58.99
6	VASHISHT KUMAR RAI, .	NCR		1:03.47
7	AMIT PRATAP SINGH, .	NER		1:16.93
Event # 11 MENS High Jump				
TIME:- 15:30 Hrs				
01/09/2014				
PH=1.75,SH=1.80+5cm-2.00+3cm-2.09+2				
# N.R.:HARI SHANKER ROY SINGAPORE 2.25 28.09.04				
% I.R.:HARI SHANKAR RAI EASTERN RAILWAY 2.21 2007				
1	NIKHIL CHITTARASU, .	SR		2.15m
2	YOGARAJ.L, .	SR		2.11m
3	KUWAR SURJIT KRSINGH, .	CLW		1.95m
4	VIPIN SINGH, .	SWR		1.90m
5	KARTHIKEYAN, .	SWR		1.80m
	VIVEK.P.S, .	WR		DNS
	ANIL CHAHAL, .	NR		NM
Event # 12 MENS Pole Vault		FINAL		
TIME:- 12:30 Hrs				
PH=3.20,SH=3.40+20cm-4.00+10cm				
N.R.:K.P. BIMIN NEW DELHI 5.13 2012				
I.R.:K.P. BIMIN SOUTHERN RAILWAY 5.13 2012				
1	BIMIN.K.P, .	SR		5.00m
2	BALAKRISHNA, .	SWR		4.60m
3	BINISH JACOB, .	SWR		4.50m
4	PREETH.J, .	WR		4.50m
5	DEVENDER, .	NR		4.40m
6	DEVENDRA KUMAR, .	NWR		4.00m
7	RANEESH.V.V, .	SR		4.00m
	PAWAN, .	NR		NM
	DANISH STEPHEN, .	CR		NM

Event # 13 MENS Long Jump		FINAL			
TIME:- 13:00 Hrs					
03/09/2014					
N.R.:K.PREM KUMAR DELHI 8.09 2014					
I.R.:K.PREM KUMAR ICF 8.09 2013					
1	PREMKUMAR.K, .		ICF	+4.0m/s	7.63m
2	ROSITA SAX, .		SWR	+0.0m/s	7.32m
3	AZARUDDIN, .		SR	+0.0m/s	7.19m
4	RABI DAS, .		SER	+8.0m/s	7.01m
5	BASKAR, .		SR	+0.0m/s	6.91m
6	MANJESH YADAV, .		WR	+1.0m/s	6.87m
7	MAHA SINGH, .		NR	+0.0m/s	6.52m
8	ANOOP THOMAS, .		SWR	+2.0m/s	6.51m
9	PINTO MATHEW, .		WR	+0.0m/s	6.36m
Event # 14 MENS Triple Jump					
TIME:- 17:15 Hrs					
01/09/2014					
# N.R.:ARPINDER SINGH LUCKNOW 17.17 2014					
% I.R.:RANJITH M. WESTERN RAILWAY 16.76 2007					
1	AZARUDDIN, .		SR	+0.0m/s	14.73m
2	MANOJ.T.THOMAS, .		SR	-2.7m/s	14.31m
3	MAHA SINGH, .		NR	+0.9m/s	14.31m
4	RAJEEV KUMAR, .		WR	-0.3m/s	14.18m
5	BINISH JACOB, .		SWR	+0.0m/s	14.09m
6	ANOOP THOMAS, .		SWR	+0.0m/s	13.10m
	AMARJEET, .		NR		DNS
Event # 15 MENS Discus Throw					
TIME:- 15:00 Hrs					
02/09/2014					
# N.R.:VIKAS GOWDA NORMAN 66.28 12-4-2012					
% I.R.:VIKAS POONIA NORTH CEN.RAILWAY 55.82 2012					
1	VIKAS POONIA, .		NCR		51.91m
2	KARAN SINGH, .		WR		50.58m
3	SUNIL KUMAR(DT), .		WR		47.90m
4	KARAN SINGH, .		NWR		44.62m
5	DIWAKAR RAJA, .		SR		44.47m
6	SIMRANJEET SINGH, .		DMW		44.23m
7	DURGA RAO, .		SCR		42.62m
8	RAHUL, .		NWR		42.39m
9	VIKAS KUMAR, .		ECR		39.07m
10	SHAILENDER SINGH, .		NER		34.67m
	KARAMBIR SINGH, .		SWR		DNS
	RAJEEV MISHRA, .		SWR		NM
Event # 16 MENS Hammer Throw					
TIME:- 10:00 Hrs					
01/09/2014					
# N.R.:KAMALPREET SINGH TUCSOR 70.37 2014					
% I.R.:VIRENDER PUNIA WESTERN RAILWAY 66.76 1997					
1	PARGAT SINGH, .		RCF		60.68m
2	TALWINDER SINGH, .		DMW		60.17m
3	SUKHDEV SINGH, .		NR		59.91m
4	AJAZ AHMED, .		SWR		59.73m
5	BHUPENDERA SINGH, .		WR		58.80m
6	SUNIL POONIA, .		CR		56.05m
7	DIWAKAR SINGH, .		NCR		51.23m
8	SHANKAR POONIA, .		CR		51.19m
9	RAMBIR SINGH, .		NWR		47.91m
10	BHUPENDER, .		WR		46.20m
11	UDHAYA BANU, .		SCR		39.58m
12	BASHA.J, .		SCR		35.27m
	CHAM KAUR SINGH, .		DMW		DNS
	ASHOK KUMAR, .		SECR		DNS
Event # 17 MENS Javelin Throw		FINAL			
TIME:- 10:00 Hrs					
03/09/2014					
N.R.:ANIL SINGH BHOPAL 80.72 2008					
I.R.:OM PRAKASH DUDI WESTERN RAILWAY 77.68 2000					
1	RAJENDRA SINGH, .		NWR		68.81m
2	SHARATH RAJ, .		SR		65.90m
3	KRISHNA NAND TRIATHY, .		NCR		62.90m
4	SATPAL SINGH, .		WR		62.04m
5	ANKIT KUMAR, .		SECR		60.62m
6	SOVIR RANA, .		WR		57.69m

7	NITHIN RATHI, .		SR		55.25m
8	ARAVIND, .		SWR		55.21m
9	OM PRAKASH DOODI, .		NWR		53.27m
10	DHARMENDER, .		NR		48.52m
Event # 18 MENS Shot Put					
TIME:- 15:30 Hrs					
01/09/2014					
# N.R.:OM PRAKASH HUNGARY 20.69 12-5-2012					
% I.R.:SHAKTI SINGH NORTHERN RAILWAY 18.90 1998					
1	ASHWANI SOLANKI, .		DMW		17.52m
2	SATYENDRA KUMAR, .		NWR		17.10m
3	SUKHDEV SINGH, .		RCF		17.02m
4	JAGREER, .		SWR		16.99m
5	SURENDER SINGH, .		WR		16.53m
6	MD. UJAID, .		NCR		15.48m
7	KARAMJEET, .		NR		14.52m
8	KARAN SINGH, .		WR		14.12m
9	SHIV KUMAR, .		SER		13.94m
10	SHAILENDER SINGH, .		NER		13.92m
11	NABA GOGOI, .		NFR		10.48m
12	RAHUL, .		NWR		10.12m
	DIWAKAR RAJA, .		SR		DNS
	SHAKTI SINGH, .		CR		DNS
	BARUA.S, .		RB		DNS
	DURGA RAO, .		SCR		NM
Event # 19 MENS 4x100m Relay					
TIME:- 17:15 Hrs					
01/09/2014					
N.R.:INDIAN NATIONAL TEAM DELHI CWG 38.89 2014 (R.MOLLA, S.SURESH, SAMEER MON, A.N.QURESHI)					
I.R.:N.RAILWAY NORTHERN RAILWAY 40.98 14-1-2014 (VISHAL SAXENA, SATINDER SING, MAHA SINGH, SURENDRA SING)					
1	SOUTHERN RAILWAY				41.68
	PRAKASH.M, .			ARUNJITH, .	
	NIKHIL CHITTARASU,			MANIKANDA ARUMUGAM,	
2	SOUTHEASTERN RAILWAY				42.85
	CHANDAN MAHATO, .			AJAY NAIK, .	
	RABI DAS, .			SUKHENDU MONDAL, .	
3	ICF				43.42
	SATHYASEELAN.A, .			MANOJ.K.V, .	
	JOHNSON SELVAKUMAR,			PREMKUMAR.K, .	
4	WESTERN RAILWAY				43.54
	MANJESH YADAV, .			SAHIL WALESKI, .	
	PINTO MATHEW, .			DEBASHIS DAS, .	
5	SOUTHWESTERN RAILWAY				44.38
	BINISH JACOB, .			BALAKRISHNA, .	
	VILAS NEELKUND, .			ROSITA SAX, .	
6	SOUTHCENTRAL RAILWAY				44.46
	VENKAT RAO, .			SIVA KUMAR, .	
	ANJANEYULU, .			MANIKANTHA RAJ, .	
7	NORTHWESTERN RAILWAY				45.78
	HITESH DESHWAL, .			DEVENDRA KUMAR, .	
	KRISHAN KUMAR, .			RAMBIR SINGH., .	
	NORTHERN RAILWAY				DNS
Event # 20 MENS 4x400m Relay					
TIME:- 14:45 Hrs					
02/09/2014					
N.R.:INDIAN NATIONAL TEAM BANGKOK 3:02.62 1 (LIJO DAVID, RAMACHANDRAN, JATA SHANKER, PARAMJIT S.)					
I.R.:S.RAILWAY SOUTHERN RAILWAY 3:11.50 15-1 (BIBIN METHEW, SRIJTH P.S, BINISH V.B., JOSEPH ABRAHA)					
1	SOUTHERN RAILWAY				3:16.59
	BINISH.V.B, .			JOSEPH G. ABRAHAM,	
	MANIKANDA ARUMUGAM,			BIBIN MATHEW, .	
2	WESTERN RAILWAY				3:22.70
	PINTO MATHEW, .			LOVEPREET SINGH, .	
	AVIN THOMAS, .			JITHIN PAUL, .	
3	SOUTHWESTERN RAILWAY				3:26.55
	PRADEEP, .			PRASHANTH, .	
	BHARATH.S, .			VISHAMBER.K, .	
4	NORTHERN RAILWAY				3:29.78
	JASKARAN, .			NEERAJ PANWAR, .	
	BALJEET, .			KARAMJEET SINGH, .	
5	NORTHWESTERN RAILWAY				3:30.77
	VISHAL KUMAR, .			SANDEEP KUMAR, .	
	KRISHAN KUMAR, .			HITESH DESHWAL, .	

6	NORTH FORINTER RAIL				4:02.45
	DEBABRATA PAUL, .			KANAK DAS, .	
	FIROZ AHMED, .			DEBOJIT BORDOLOI, .	
Event # 21 MENS 20000m Walk					
TIME:- 6:00 Hrs					
02/09/2014					
# N.R.:K.T. IRFAN LONDON 1:20:21.00 2012					
%I.R.:G.SINGH NORTHERN RAILWAY 1:23:05.84 2011					
1	MANIRAM PATEL, .		WR		1:30:22.72
2	ASHOK PATEL, .		SECR		1:36:23.00
3	ROMIT, .		WR		1:40:36.33
4	DINESH KUMAR, .		NWR		1:44:43.83
5	SUSIL KUMAR SINGH.O, .		NFR		1:45:26.47
6	SANDEEP KUMAR, .		SWR		1:45:49.63
7	RAM KUMAR, .		NR		1:48:06.05
	RAJ KUMAR PATEL, .		DLW		DNF
	MANVEER, .		NWR		DNF
	NARESH KUMAR, .		NR		DNF
Event # 43 MENS Decathlon					
TIME:-					
# N.R.:BHARTINDER SINGH BANGLORE 7658 2011					
%I.R.:R.NIWAS NORTH WESTERN RAILWA 7001 14-1-2009					
1	RANEESH.V.V, .		SR		6384
	11.59,6.82,11.32,1.85,50.67,16.00,31.29,4.20,49.18,5:32.40				
2	ABHISHEK SHETTY, .		WR		6186
	11.81,6.73,12.04,1.85,53.77,15.60,33.46,3.80,48.17,5:33.10				
3	RAMBIR SINGH, .		NWR		5679
	11.84,6.01,11.78,1.76,52.82,15.90,35.48,3.70,51.18,6:59.30				
4	JIJO.P.V, .		SWR		4670
5	MANOJ.T.THOMAS, .		SR		4537
6	VIVEK.P.S, .		WR		4372
7	CHARAN SINGH, .		NR		DNF
8	OM VEER SINGH, .		SWR		DNF
Event # 22 WOMENS 100m					
TIME:- 17:00 Hrs					
01/09/2014					
# N.R.:RACHITA MISTRY TRIVANDRAM 11.38 12.08.00					
%I.R.:R.MISTRY CENTRAL RAILWAY 11.50 1998-99					
FINAL					
1	ANCHU.M.M, .		CR	+0.0m/s	12.23
2	MANDEEP KAUR, .		DMW	+0.0m/s	12.39
3	PINKI, .		WR	+0.0m/s	12.49
4	JHANSI RANI, .		SR	+0.0m/s	12.54
5	PRANITA SAVE, .		CR	+0.0m/s	12.85
6	MANJU.P.M, .		WR	+0.0m/s	13.20
7	CH SANTHI, .		ECOR	+0.0m/s	13.27
8	RAKHI PAUL, .		ER	+0.0m/s	13.91
Event # 23 WOMENS 200m					
TIME:- 13:15 Hrs					
03/09/2014					
# N.R.:SARASWATI SAHA LUDHIANA 22.82 28/08/02					
%I.R.:P.T. USHA SOUTHERN RAILWAY 23.30 1989-90					
FINAL					
1	CHAVI SHARAWAT, .		SR	+0.0m/s	25.33
2	PRIYANKA MONDAL, .		ER	+0.0m/s	25.35
3	PINKI, .		WR	+0.0m/s	25.96
4	AMITA BABY, .		CR	+0.0m/s	26.00
5	JHANSI RANI, .		SR	+0.0m/s	26.45
6	RANJANA ROY, .		NFR	+0.0m/s	26.87
7	CH SANTHI, .		ECOR	+0.0m/s	28.29
8	PRANITA SAVE, .		CR		DQ
HEAT-1					
1	PRIYANKA MONDAL, .		ER	+0.0m/s	25.28
2	JHANSI RANI, .		SR	+0.0m/s	26.27
3	AMITA BABY, .		CR	+0.0m/s	27.50
4	CH SANTHI, .		ECOR	+0.0m/s	28.13
5	AKICHA GAZI, .		WR	+0.0m/s	28.71
	MANDEEP KAUR, .		DMW		DNS

HEAT-2					
1	CHAVI SHARAWAT, .		SR	+0.0m/s	25.47
2	PINKI, .		WR	+0.0m/s	26.17
3	RANJANA ROY, .		NFR	+0.0m/s	26.46
4	PRANITA SAVE, .		CR	+0.0m/s	27.74
	BALJEET KAUR, .		NR		DQ
	KALPANA REDDY, .		SCR		DNF
Event # 24 WOMENS 400m					
TIME:- 18:20 Hrs					
02/09/2014					
# N.R.:MANJIT KAUR CHENNAI 51.05 16/06/04					
% I.R.:ROSA KUTTY SOUTHERN RAILWAY 52.54 1997-98					
FINAL					
1	CHAVI SHARAWAT, .		SR		56.30
2	PRIYANKA MONDAL, .		ER		56.40
3	SINI JOSE, .		SR		57.70
4	SINSHA.K, .		WR		58.90
5	RANJANA ROY, .		NFR		59.20
6	SONAL CHAWLA, .		CR		1:01.50
7	JOSINI P.J., .		WR		1:02.10
8	MEGHNA.K.R, .		ECOR		1:02.50
HEAT-1					
1	PRIYANKA MONDAL, .		ER		56.75
2	SINI JOSE, .		SR		58.38
3	SONAL CHAWLA, .		CR		1:01.15
4	JOSINI P.J., .		WR		1:01.33
5	SUNITA, .		WCR		1:07.85
	LEENA, .		SCR		DNF
HEAT-2					
1	CHAVI SHARAWAT, .		SR		57.45
2	RANJANA ROY, .		NFR		1:00.24
3	SINSHA.K, .		WR		1:01.60
4	MEGHNA.K.R, .		ECOR		1:02.51
5	PRIYANSHU PANDEY, .		CR		1:03.10
	VIJAYALAKSHMI, .		SWR		DNS
Event # 25 WOMENS 800m					
TIME:- 16:15 Hrs					
01/09/2014					
# N.R.:TINTU LUKA SPLIT 1:59.17 2010					
% I.R.:ROSA KUTTY SOUTHERN RAILWAY 2:01.43 1997-98					
1	SINSHA.K, .		WR		2:13.68
2	JYOTI RANI, .		WR		2:14.35
3	MEGHNA.K.R, .		ECOR		2:16.02
4	APARNA.K, .		CR		2:16.19
5	MOHANAL.;N.C, .		SR		2:16.28
6	SHRUTHI, .		SWR		2:23.10
7	REKHA PATEL, .		NER		2:30.98
8	RASHMI GURNULE, .		CR		2:34.66
9	SUNITA, .		WCR		2:45.86
	DOLLY SARKAR, .		ECR		DNF
Event # 26 WOMENS 1500m					
TIME:- 16:15 Hrs					
02/09/2014					
# N.R.:SUNITA RANI BUSAN 4:06.03 10.10.02					
% I.R.:O.P. JAISHA SOUTHERN RAILWAY 4:16.85 2006					
1	PRIYANKA PATEL, .		CR		4:45.69
2	JYOTI RANI, .		WR		4:46.13
3	NAMITA KABAT, .		WR		4:47.51
4	SHRUTHI, .		SWR		4:52.84
5	APARNA.K, .		CR		4:53.69
6	REKHA PATEL, .		NER		4:56.21
7	NEETHU.M.V, .		SR		5:06.29
	MOHANAL.;N.C, .		SR		DNS
Event # 27 WOMENS 5000m					
TIME:-17:40 Hrs					
01/09/2014					
#N.R.:P.SREDHARAN GUANGZHOU-CHINA 15:15.89 2010					
%I.R.:P.SRIDHARAN SOUTHERN RAILWAY 16:24.65 2011					
1	SURIYA.L, .		SR		17:14.57
2	SWATI GADHAWA, .		CR		17:17.57
3	NILAM KADAM, .		WR		17:36.01
4	ROOMA DEVI, .		SECR		17:59.10
5	MONICA RAUT, .		SECR		18:19.73

6	MANISHA SALUNKE, .		CR		18:46.78
7	SANAKKITHIPPAVA, .		SWR		19:07.89
8	VIJAYAMALA PATIL, .		WR		19:20.97
9	ARCHANA PAL, .		NER		20:15.41
	REETU PAL, .		NER		DNF
Event # 28 WOMENS 10000m					
TIME:- 6:45 Hrs					
03/09/2014					
#N.R.:P.SRIDHARAN WATFORD-LONDON 31:50.47 2010					
%I.R.:P.SREEDHARN SOUTHERN RAILWAY 34:00.28 2011					
1	SURIYA.L, .		SR		36:10.62
2	SWATI GADHAWE, .		CR		36:34.48
3	ROOMA DEVI, .		SECR		37:22.46
4	NILAM KADAM, .		WR		38:45.30
5	MANISHA SALUNKE, .		CR		39:15.71
6	VIJAYAMALA PATIL, .		WR		41:27.32
	SANAKKITHIPPAVA, .		SWR		DNS
	SUKANYA MALL, .		NER		DNS
Event # 29 WOMENS 3000m Steeplechase					
TIME:- 14:10 Hrs					
N.R.:SUDHA SINGH CHENNAI 9:45.60 2013					
I.R.:SUDHA SINGH CENTRAL RAILWAY 10:26.43 2012					
1	PRIYANKA PATEL, .		CR		11:06.93
2	MONICA RAUT, .		SECR		11:45.06
3	NEETHU.M.V, .		SR		12:05.13
4	NAMITA KABAT, .		WR		12:19.87
5	RASHMI GURNULE, .		CR		12:41.26
6	ANITHA NAGA REDDY, .		WR		14:34.46
Event # 30 WOMENS 100m Hurdles					
TIME:- 8:30 Hrs					
# N.R.:ANURADHA BISWAL NEW DELHI 13.38 8/9/2002					
% I.R.:DEBI BOSE EASTERN RAILWAY 13.86 1997-98					
1	ANCHU.M.M, .		CR	+0.0m/s	14.11
2	ADHEENA, .		SR	+0.0m/s	14.86
3	MANJU.P.M, .		WR	+0.0m/s	15.26
4	AKICHA GAZI, .		WR	+0.0m/s	15.82
5	TINU JACOB, .		CR	+0.0m/s	16.09
6	ANOOSHA.K.K, .		SR	+0.0m/s	20.21
	SUSMITA SINGH ROY, .		ER		DNS
	PURNIMA HAMRAM, .		ECOR		DNS
Event # 31 WOMENS 400m Hurdles					
TIME:- 11:30 Hrs					
01/09/2014					
# N.R.:P.T. USHA LOS ANGELS 55.42 8/8/1984					
% I.R.:P.T. USHA SOUTHERN RAILWAY 57.60 1984-85					
1	TINU JACOB, .		CR		1:04.17
2	JOSINI P.J., .		WR		1:04.72
3	SONAL CHAWLA, .		CR		1:05.44
4	VIJAYALAKSHMI, .		SWR		1:07.33
5	ANITHA NAGA REDDY, .		WR		1:10.64
6	SANTI BARMAN, .		ER		1:12.76
Event # 32 WOMENS High Jump					
TIME:- 16:00 Hrs					
02/09/2014					
P=1.35,S=1.45+5-1.60+3-1.60+3-1.69+					
# N.R.:SAHANA KUMARI HYDRABAD 1.92 2012					
%I.R.:S.KUMARI SOUTHERN WESTERN RLY 1.82 2009					
1	MALLIKA MONDAL, .		ER		1.71m
2	STENY MICHAEL, .		CR		1.69m
3	NIKSY JOSEPH, .		CR		1.66m
4	RENUKAMOL.V.G, .		WR		1.66m
5	SIJI.N.K, .		WR		1.55m
6	SANTI BARMAN, .		ER		1.50m
Event # 33 WOMENS Pole Vault					
TIME:- 16:30 Hrs					
02/09/2014					
P=2.30,S=2.50+20cm2.90+10cm					
# N.R.:V.S. SUREKHA PATIALA 4.08 2006					
% I.R.:V.S. SUREKHA SOUTHERN RAILWAY 4.05 2006					
1	SUREKHA.V.S, .		SR		3.90m
2	REMYA R., .		WR		3.40m
3	DIJA.K.C, .		CR		3.20m
4	ANOOSHA.K.K, .		SR		2.90m

	ASHISH KUMAR SINGH, .		DLW		DNS
	ANUSHA.K.P, .		CR		DNS
Event # 34 WOMENS Long Jump					
TIME:- 15:00 Hrs					
02/09/2014					
# N.R.:ANJU B.GEORGE ATHENS 6.83 27/08/04					
%I.R.:J.SHOBHA SOUTH CENTRAL RAILWA 6.34 2003-04					
1	NEENA.V, .		WR	-2.6m/s	6.18m
2	TANJILA KHATUN, .		ER	+0.0m/s	5.78m
3	SHALU CHOUDHARY, .		CR	+0.0m/s	5.59m
4	SUSAN K.JOY, .		CR	+0.0m/s	5.46m
5	PRIYA.P.K, .		SR	+0.0m/s	5.42m
6	SAVITHA.P.S, .		SR	-1.3m/s	5.36m
7	NEETHUMOL BOSE, .		WR	+0.0m/s	5.31m
	PRAJUSHA.M.A, .		SWR		DNS
Event # 35 WOMENS Triple Jump					
TIME:- 9:15 Hrs					
03/09/2014					
# N.R.:MAYOOKHA JOHNY INDIA 14.11 2011					
%I.R.:MANISHA DEY EASTERN RAILWAY 13.39 2006					
1	AMITA BABY, .		CR	+1.2m/s	13.10m
2	NEENA.V, .		WR	-1.8m/s	12.74m
3	NEETHUMOL BOSE, .		WR	+0.2m/s	12.07m
4	SAVITHA.P.S, .		SR	+0.0m/s	11.63m
	PRAJUSHA.M.A, .		SWR		DNS
	TANJILA KHATUN, .		ER		NM
	SHALU CHOUDHARY, .		CR		NM
Event # 36 WOMENS Discus Throw					
TIME:- 16:00 Hrs					
01/09/2014					
# N.R.:KRISHNA POONIA HAWAII 64.76 5-5-2012					
%I.R.:KRISHNA POONIA NWR 58.05 2012					
1	PARMILA, .		WR		47.92m
2	SANDEEP KUMARI, .		NWR		47.86m
3	AMANPREET KAUR, .		RCF		43.70m
4	PARBATHI SETHI, .		ECOR		42.17m
5	SANTOSH KUMARI, .		WR		40.83m
6	RASHMI SINGH, .		CR		40.27m
7	SAVITHA CHOUDARY, .		CR		38.49m
8	SUGAN YADAV, .		NR		32.30m
9	PINKI DEY, .		ER		31.67m
10	PRAMILA BHARALI, .		NFR		30.32m
11	GUNJAN SINGH, .		ER		26.70m
12	VANDANA, .		NR		21.87m
Event # 37 WOMENS Hammer Throw					
TIME:- 10:00 Hrs					
02/09/2014					
# N.R.:MANJU BALA LUCKNOW 62.74 2014					
%I.R.:RITU RANI S.E.CENTRAL RAILWAY 60.91 2006					
1	GUNJAN SINGH, .		ER		60.32m
2	MANJU BALA, .		WR		59.74m
3	SARITHA P SINGH, .		WR		55.60m
4	SONIA SHINDE, .		CR		53.96m
5	REENA KUMARI, .		DMW		52.49m
Event # 38 WOMENS Javelin Throw					
TIME:-18:15 Hrs					
02/09/2014					
# N.R.:ANNU RANI LUCKNOW 58.83 2014					
%I.R.:SARASWATHI . SOUTHERN RAILWAY 52.18 2013					
1	ANNU RANI, .		DMW		54.01m *NMR
2	SARASWATHI, .		SR		50.82m
3	KUMARI SHARMILA, .		NWR		48.85m
4	MEGHA PARDESI, .		WR		42.84m
5	HEMALATHA.N.M, .		SWR		39.44m
6	APLESH, .		CR		33.71m
7	POONAM DEVI, .		SWR		30.98m
8	GOLDI SHAHI, .		WR		24.51m
9	RASHMI SINGH, .		CR		24.32m

Event # 39 WOMENS Shot Put		FINAL		
TIME:- 13:00 Hrs				
N.R.:HARBANS KAUR MUMBAI 17.43 24/11/97				
I.R.:HARBANS KAUR DCR 17.46 1999-2000				
1	MANPREET KAUR, .		DMW	15.70m
2	SARASWATHI, .		SR	13.05m
3	PINKI DEY, .		ER	12.66m
4	SHARMILA DE, .		WR	12.01m
5	SARA VORA, .		CR	10.83m
6	SONIA SHINDE, .		CR	10.57m
7	SHOBHA.J.J, .		SCR	10.37m
8	MEGHA PARDESI, .		WR	10.34m
9	PRAMILA BHARALI, .		NFR	9.67m
10	POONAM DEVI, .		SWR	9.03m
11	NEELAM, .		SWR	DNS
12	SANDEEP KUMARI, .		NWR	DNS
Event # 40 WOMENS 4x100m Relay				
TIME:- 18:30 Hrs				
# N.R.:INDIAN NATIONAL TEAM FUKUKA 44.43 22/07/98				
%I.R.:S.RAILWAY SOUTHERN RAILWAY 46.44 2006				
1	SOUTHERN RAILWAY			47.93
	PRIYA.P.K, .		ADHEENA, .	
	JHANSI RANI, .		CHAVI SHARAWAT, .	
2	CENTRAL RAILWAY			48.16
	ANCHU.M.M, .		AMITA BABY, .	
	SUSAN K.JOY, .		PRANITA SAVE, .	
3	EASTERN RAILWAY			49.98
	RAKHI PAUL, .		PRIYANKA MONDAL, .	
	MALLIKA MONDAL, .		TANJILA KHATUN, .	
4	EAST COAST RAILWAY			54.74
	PURNIMA HAMRAM, .		PARBATHI SETHI, .	
	MEGHNA.K.R, .		CH SANTHI, .	
	WESTERN RAILWAY			DNF
	NEETHUMOL BOSE, .		NEENA.V, .	
	MANJU.P.M, .		PINKI, .	
Event # 41 WOMENS 4x400m Relay		FINAL		
N.R.:INDIAN NATIONAL TEAM ATHENS 3:26.89 27/08/04				
I.R.:S.RAILWAY SOUTHERN RAILWAY 3:40.26 1997-98				
FINAL				
1	CENTRAL RAILWAY			3:49.63
	TINU JACOB, .		APARNA.K, .	
	LIKSY JOSEPH, .		NIKSY JOSEPH, .	
2	SOUTHERN RAILWAY			3:55.62
	DIANA CLINTON, .		MOHANAL, N.C, .	
	SINI JOSE, .		CHAVI SHARAWAT, .	
3	WESTERN RAILWAY			4:00.19
	GOLDI SHAHI, .		JYOTI RANI, .	
	JOSINI P.J., .		SINSHA.K, .	
4	EASTERN RAILWAY			4:06.90
	TANJILA KHATUN, .		PRIYANKA MONDAL, .	
	MALLIKA MONDAL, .		SANTI BARMAN, .	
Event # 42 WOMENS 20000m Walk				
# N.R.:KHUSHBIR KAUR TAICANG 1:31:40.00 2014				
%I.R.:L.DEVI EASTERN RAILWAY 1:43:23.00 2012				
1	RANI YADAV K.M, .		DLW	1:43:22.83 *NMR
2	DEEPMALA DEVI, .		ER	1:44:31.59
3	KARAMJIT KAUR, .		WR	1:53:01.16
4	ANITA MAHALA, .		SWR	1:55:08.00
5	ASHA.B, .		SR	1:57:12.86
6	SHANTHI KUMARI, .		WR	1:58:42.19
	SREENA, .		SCR	DNF
Event # 54 WOMENS Heptathlon				
# N.R.:J.J. SHOBHA DELHI 6211 17.03.04				
%I.R.:G.G. PRAMILA SOUTH CENTRAL RAILWA 5657 1999				
1	PURNIMA HAMRAM, .		ECOR	4920
	14.15,1.62,9.98,25.24,5.69,35.33,2:48.67			
2	NIKSY JOSEPH, .		CR	4721
	14.97,1.65,11.05,25.65,5.76,25.91,2:48.64			
3	LIKSY JOSEPH, .		CR	4687
	15.20,1.62,10.01,25.34,5.77,29.60,2:48.62			
4	ADHEENA, .		SR	4136
5	AMRUTHA.M, .		WR	3884
6	GOLDI SHAHI, .		WR	3223